

SAMPLE LESSON PLAN





FIVE DAY LESSON PLAN: LIFE ON THE RANCH

MONDAY

ACTIVITY: Explore the science behind how ranches work, including irrigation and animal

habitats. Build a simple model of a ranch using blocks or LEGOs.

ART: Decorate "cowboy/girl" hats.

ACTIVITY: Create a ranch-themed mural or collage using various art supplies.

ACTIVITY: : Play "Animal Charades" where kids act out different ranch animals and their

movements.

TUESDAY

ACTIVITY: : Construct animal habitats using playdough or clay.

BOOK: Read a ranch-themed book such as "Cowboy Small" by Lois Lenski.

ACTIVITY: Learn about animal nutrition and create a "Balanced Diet" chart for different animals,

match the animal to the proper diet.

ACTIVITY: Create a ranch-themed mural or collage using various art supplies. **ACTIVITY:** Bring in someone who trains cattle dogs to show a demonstration

WEDNESDAY

ACTIVITY: Explore how farm equipment works with interactive models.

ACTIVITY: Plant a garden in a garden box. Explain different tools used for gardening.

ACTIVITY: Learn about crop fields, planting and harvesting.

ACTIVITY: Create a farmers market play area

THURSDAY

ACTIVITY: Learn about animal care. Bring grooming tools and demonstrate how to use them.

ACTIVITY: Bring in a rancher to demonstrate roping.

ACTIVITY: Learn about proper clothes to wear for ranching. bibs, straw hats, handkerchiefs, boots,

gloves, etc.

ACTIVITY: Practice roping with a rope and a large, soft target.

ACTIVITY: Learn about the physics of rodeo events like barrel racing and roping. Build a mini barrel

racing track using cardboard tubes.

ACTIVITY: Participate in a "Mini Rodeo" with pretend lassoing and barrel races using stick horses.

ACTIVITY: Share favorite memories and what was learned during the week.

FRIDAY

ACTIVITY: Make and bake cornbread.

ACTIVITY: Make trail mix

ACTIVITY: Have an outdoor picnic lunch including burgers, potato salad, watermelon and

lemonade. Decorate with red & white checkered tablecloths and wildflowers.

ACTIVITY:Discuss the week and talk about what was learned and favorite activities

throughout the week.