



# TODDLER SAMPLE LESSON PLAN



## FIVE DAY LESSON PLAN: DINOSAURS AND PREHISTORIC TIMES



### DRAMATIC PLAY

**ACTIVITY:** “Dinosaur Cave” where children can pretend to be dinosaurs in a cave made from blankets and pillows.

**ACTIVITY:** “Dinosaur Rangers” where children use binoculars and hats to explore a dinosaur-themed area.

**ACTIVITY:** “Dinosaur Party” where children can dress up as dinosaurs and enjoy dinosaur-themed snacks.

### BLOCKS

**ACTIVITY:** Build a “Dinosaur Park” using large blocks

### SENSORY

**ACTIVITY:** “Dinosaur Dig” sensory bin with sand and buried toy dinosaurs for children to dig up.

**ACTIVITY:** “Dinosaur Mud Play” with a bin of “mud” made from cocoa powder and water, including toy dinosaurs to play with.

**ACTIVITY:** “Fossil Find” sensory bin with materials like rice and hidden toy bones or fossils.

**ACTIVITY:** “Swimming & Water dinosaurs” with plastic dinosaurs that lived or swam in the water.

### ART

**ACTIVITY:** Create “Dinosaur Footprints” using large dinosaur-shaped stamps and paint.

**ACTIVITY:** Make “Fossil Prints” using play dough and plastic dinosaur skeletons.

**ACTIVITY:** Sponge paint dinosaurs

**ACTIVITY:** Create “dinosaur eggs” by paint rocks to look like dinosaur eggs.

### LITERATURE

**Book:** “Have you Seen My Dinosaur” By Jon Suralg

**Book:** “How Do Dinosaurs Say Goodnight?” by Jane Yolen.

**Book:** “Never Let A Dinosaur Scribble” by Diane Alber

**Book:** “Five Little Dinosaurs” by Michelle Courtney

### MANIPULATIVES

**ACTIVITY:** Dinosaur-themed shape sorters and stacking toys.

**ACTIVITY:** Play with dinosaur puzzles.

**ACTIVITY:** Use dinosaur-themed sorting and counting manipulatives

**ACTIVITY:** Dinosaur lacing cards

**ACTIVITY:** “Fossil Dig” with a play kit where children can excavate and assemble dinosaur bones

### LARGE MOTOR

**ACTIVITY:** “Dinosaur Stomp.” Children stomp around like dinosaurs, mimicking different types (e.g., T-Rex, Triceratops).

**ACTIVITY:** “Dinosaur Feeding Frenzy.” Children throw bean bags or soft balls into dinosaur-shaped targets.

**ACTIVITY:** “Dinosaur Dig” where children dig in a sandbox or sensory bin to find hidden bones.

**ACTIVITY:** “Dinosaur Dance Party” with dinosaur-themed music where children can dance and move like their favorite dinosaurs. dinosaur-shaped targets.

### STEM

**ACTIVITY:** Discuss with the children what a volcano is and what causes them to erupt. Allow children to make a volcano erupt using baking soda and vinegar.